

27. A RESILIENT TEAM

Sustaining momentum after the program

WHY ACT?

To sustain your current preparedness level and motivation, it helps to stay connected with your team. Continuing to meet with your teammates also helps keep the relationships current and available in case of emergency. This action will help your team build an ongoing support system.

PREPAREDNESS ACTION

- Step 1: Find out if team members would like to continue to meet and serve as a support group.
- Step 2: If so, plan to meet at least quarterly for 1.5 hours. You might want to extend that meeting to include a potluck dinner.
- Step 3: Determine who will host the meetings and send out reminders a week before.
- Step 4: At the meeting bring new ideas, products, updates and questions. Divide up the time among the number of people in attendance.
- Step 5: If you have extra time at the end of the meeting, discuss any building- or block-level actions that have been or need to be taken and the next steps.

MATERIALS

Preparedness products you may have purchased or wish to discuss.

TIME

Ninety minutes every three months. More time if you engage in projects together.

RESILIENCY GAIN

The resiliency that comes from true community.

