

19. PEOPLE-POWERED TRANSPORT

Walking or biking to your destination

WHY ACT?

If transportation disruptions occur because subways or certain roads are inaccessible, walking and biking will be the transportation mode *du jour*. This action will prepare you for an emergency and enhance your health.

PREPAREDNESS ACTION

- Step 1: Make a list of your regular public transportation or car uses.
- Step 2: Determine alternative methods of transportation and routes.
- Step 3: Make a list of accessories that could leave you less dependent on standard transportation. These might include a backpack, a bike and bike cart, a handcart or wagon, a pair of good walking shoes, appropriate clothing and head gear.
- Step 4: Visit with neighbors about which of these supplies could be shared.
- Step 5: Make the necessary purchases and start experimenting with using them.

MATERIALS

Bikes, packs, carts, etc., depending on what you already have and need.

TIME

A few hours to do the research and begin experimenting.

RESILIENCY GAIN

The ability to not be kept from your appointed rounds.